

SERVICES PROVIDED

1: ALCOHOL & OTHER DRUG COUNSELLING

- Individual AOD Counselling
- Family Inclusive Counselling
- Group Therapy Session
- Brief Intervention (QRC)

2: OTHER AOD RELATED COUNSELLING:

- Child Abuse related issues
- Suicide ideation / related issues
- Career Counselling
- Behaviour Management

3: COMMUNITY & SCHOOL EDUCATION

WORKSHOPS INCLUDING:

➤ TRAIN THE TRAINER PROGRAM COVERS:

- AOD Basic Counselling Training
- AOD Health promotion and education
- Suicide Management Training
- Anger Management Training
- Individual linear treatment program for [Court, Corrections or others]

➤ QUICK RESPOND PRESENTATION (QRP)

- Specifically on Drug Awareness and:

NOTE: NSAAC provides referral to other Professional Services*



For more information regarding any of our services please contact our professional staff on the numbers below to make an appointment:

National Substance Abuse Advisory Council (NSAAC)

Old Delainamasi Government School, Nasinu
POSTAL ADDRESS:
P.O.Box 2565, Government Building, Suva.

TELEPHONE: 3394144 | DIGICEL LINE: 7734180 | FAX: 3397520
EMAIL: nsaacouncil@gmail.com

FOR COUNSELLING
DIRECT LINE: 7734181 / 7734182



AOD

COUNSELLING

NATIONAL SUBSTANCE ABUSE ADVISORY COUNCIL

We can help you,
CONTACT US TODAY:



DIAL: 3394 144

ALCOHOL &
OTHER DRUG COUNSELLING



WHAT IS AOD COUNSELLING?

It is talking to someone when you have a problem that is Alcohol or Other Drug related. Our AOD Counsellors listen, understand and provide education, support and practical advice to encourage individuals, families and communities impacted by alcohol or other drugs in an holistic and culturally appropriate way.

WHERE DO WE DO THIS ?

- NSAAC Counselling Office
- St. Giles Hospital
- Fij Correction Centre, Suva
- Other arranged appropriate places



WHEN WE DO IT ?



NSAAC Office:

Old Delainmazi School, Nasinu

You are welcome!

Monday

8.30am - 1.00pm
2.00pm - 4.00pm

Tuesday

8.30am - 1.00pm
2.00pm - 4.00pm

Thursday

8.30am - 1.00pm
2.00pm - 4.00pm



Mobile Contact Number:

7734181 | 7734182



Email Address:

nsaaccouncil@gmail.com

WHO CAN BENEFIT FROM AOD COUNSELLING?

PEOPLE WHO CAN BENEFIT FROM COUNSELLING ARE THOSE WHO ARE:

- Experiencing difficulties in Alcohol and or other Drug use
- Feeling lonely and depressed
- Feeling no one understands them
- Feeling they want to harm themselves
- Feeling stressed from work, home, school or financial pressures
- Experiencing physical, emotional or sexual abuse
- Experiencing family problems
- Experiencing difficulties in handling children
- Grieving the loss of a loved one
- Coping with trauma or serious illness
- Victims of crime or trauma
- Closely related to those suffering from that mentioned above
- Simply needing someone to talk to

National Substance Abuse Advisory Council

can help you!

We offer individual, family or guardian and teachers inclusive AOD counselling in:

- English
- I Taukei (Fijian)

Our counselling service is:

- Confidential
- Free of charge
- Free of judgment

We welcome boys and girls (school students), Parents and Teachers of every age, race, religion. Our tertiary trained **Alcohol and Other Drugs [AOD] Counsellor** are ready and willing to help you with whatever AOD and other related issues you are facing. Nothing is too big or too small to talk about. Come and meet our friendly, professional Counsellors today.

Our Alcohol and Other Drugs Counsellor has been Internationally recognised.