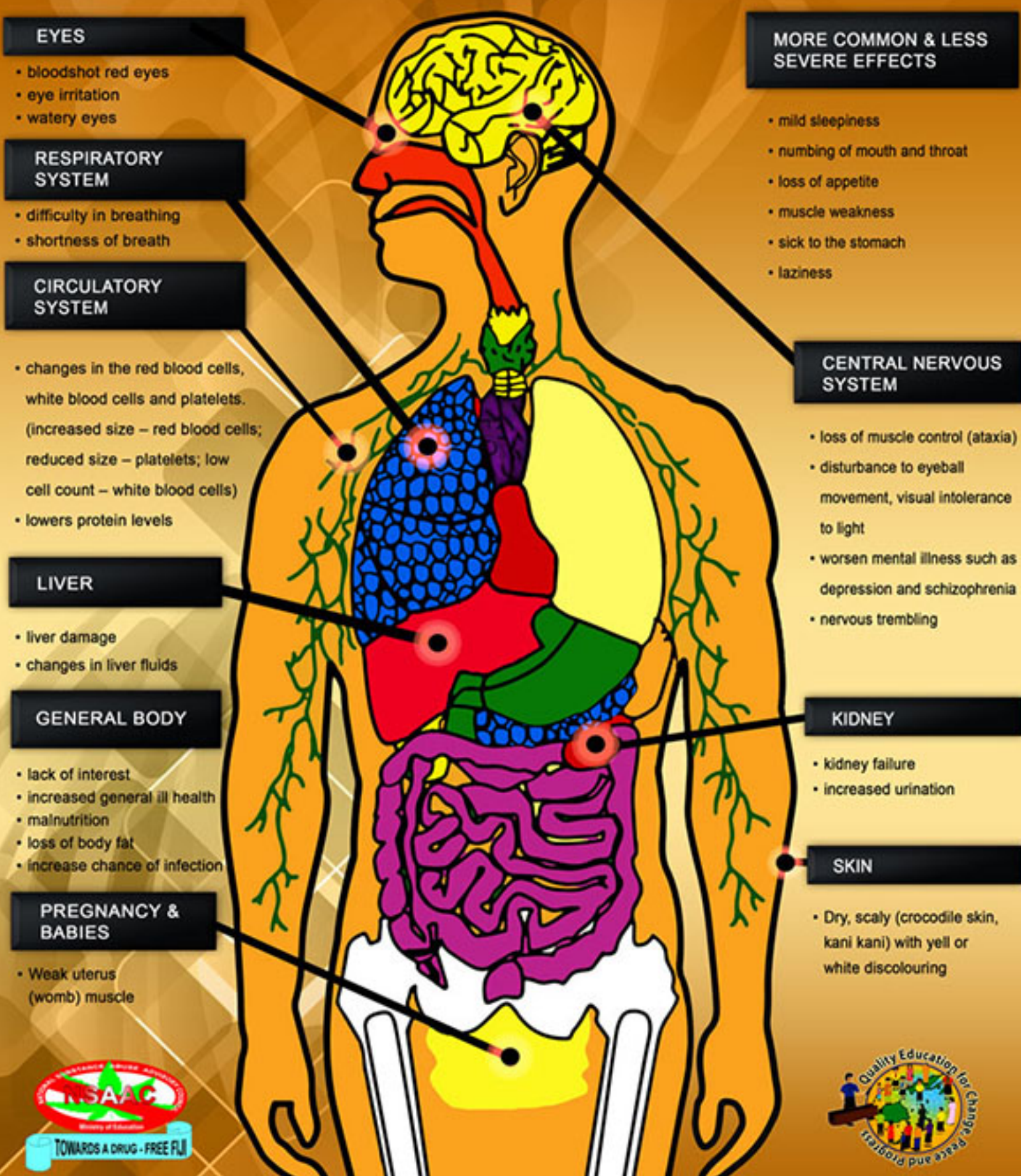


K A V A LONG TERM HEALTH EFFECTS OF



EYES

- bloodshot red eyes
- eye irritation
- watery eyes

RESPIRATORY SYSTEM

- difficulty in breathing
- shortness of breath

CIRCULATORY SYSTEM

- changes in the red blood cells, white blood cells and platelets. (increased size – red blood cells; reduced size – platelets; low cell count – white blood cells)
- lowers protein levels

LIVER

- liver damage
- changes in liver fluids

GENERAL BODY

- lack of interest
- increased general ill health
- malnutrition
- loss of body fat
- increase chance of infection

PREGNANCY & BABIES

- Weak uterus (womb) muscle

MORE COMMON & LESS SEVERE EFFECTS

- mild sleepiness
- numbing of mouth and throat
- loss of appetite
- muscle weakness
- sick to the stomach
- laziness

CENTRAL NERVOUS SYSTEM

- loss of muscle control (ataxia)
- disturbance to eyeball movement, visual intolerance to light
- worsen mental illness such as depression and schizophrenia
- nervous trembling

KIDNEY

- kidney failure
- increased urination

SKIN

- Dry, scaly (crocodile skin, kani kani) with yell or white discolouring



Adapted from the "Public Health Book Volume 2" (ISBN 0 7345 3361 3), with the permission of the Department of Health and Community Services of the Northern Territory Government of Australia (DH&CS)

NATIONAL SUBSTANCE ABUSE ADVISORY COUNCIL